

CALENDAR DETAILS

Aug 1, 15, 22, 29 Walk the Park \$1

The summer Walk the Parks program continues with weekly walks:

8/1 Walbridge

8/8 See special details below

8/15 Bendview

8/22 Walker's Choice

8/29 Secor (Look for T-shirt).

Do not forget to bring along a bottle of water so that you can stay hydrated.

Aug 2, 9, Music at Levis Square 16, 23, 30

Come join the fun as we head down to Levis Square for live entertainment. Bring your lunch, or buy it from one of the many food vendors.

Aug 2, 9, Exercise Surprise 16, 23, 30

Last summer's hit, Exercise Surprise returns! Roll the dice and see what to do.

Aug 3 YWCA Health Fair 10-2

This FREE health fair offers the following free tests: hearing, bone density, blood pressure and blood sugar, oral cancer, and more.

Aug 6, 8, 13 WISE Class 10a -2p 15, 20, 22

Aug 6th begins a 3 week health educational program. First time participants completing the entire 6 class course will receive a \$50.00 Kroger grocery card. You may only take this class once and receive the gift card.

Aug 7 Root Beer Floats with Homemade Ice Cream \$1

Tammy will show us how to make simple handmade ice cream which we'll serve in a root beer float.

Aug 8 Walk in the Park/Out To Lunch \$1

Come on a fun summer excursion to Maumee Bay State Park. Sit on the beach, walk on the boardwalk and have lunch at the lakeside restaurant.

Aug 10 Paper Craft \$1

Come join Carol in making adorable summer bunting to hang across a window, mantel or wherever..

Aug 17 Out to the Movies \$1+ticket

Sink deep into the cushy chairs at the Monroe Theater to watch a summer flick. The movie and the time will be posted on the bulletin board by 8/14.

Aug 20 Market Trip 10:30 \$1

We'll head out to use up some farmer's market coupons. Don't forget peaches for pie baking tomorrow.

Aug 21 Pie Baking 10:00 \$1

We'll be making small tarts in honor of Peach Pie Day.

Aug 24 Beach Glass Picture Frames \$1

Tammy will be helping you to decorate picture frames with beach glass and other beach treasures.

Aug 27 Pour Painting 10:00 \$2

Join Sherri for painting on canvas today. The subject of today's artwork is pour painting. Mix the oil and paint, pour and slosh it around. Each one is a unique masterpiece!

Aug 31 Beach Day 10:00

In honor of the end of summer, we will be having a beach day with beach ball volleyball, a lemonade stand and playing beach bingo. **Be sure to sign up ahead of time.**

