

# Senior Centers, Inc.

## May 2018



Mon	Tue	Wed	Thu	Fri
	<b>1</b> 10:30- Painting Flower on Canvas  All day- Blood Pressures	<b>2</b> 10- Ceramics  10:30 Beach Volleyball	<b>3</b> 12:15- Tai Chi	<b>4</b> 10:30- Cinco de Mayo Fiesta
<b>7</b> 10:30- Butterfly House	<b>8</b> 10:30- Mudhens Game  All day- Blood Pressures	<b>9</b> 10- Ceramics  <b>Noon- Walk the Parks (Swan Creek)</b>	<b>10</b> 10:30- Speaker Amy Stone Gardening  12:15- Tai Chi	<b>11</b> 11- Out to Lunch Pete's Garage
<b>14</b> 10:30- Painting w/ Christine	<b>15</b> <b>Spring Fling- Center open/ NO LUNCH here</b>  All day- Blood Pressures	<b>16</b> 10- Ceramics  10:30 Exercise Surprise	<b>17</b> 10- Craft Burlap Cross  12:15- Tai Chi	<b>18</b> 9- FGP Meeting  <b>Noon- Walk the Parks- (Ottawa)</b>
<b>21</b> 9-11- Mercy Nurses 10:30- Painting w/ Christine  <b>12-2:30- Chronic Pain Management Class (First of 5)</b>	<b>22</b> 9:30-11:00- Health Screens and Commodities  11:45- Jay Gerken 12:15- Bingo	<b>23</b> 10- Ceramics  <b>Noon- Walk the Parks (Wildwood)</b>	<b>24</b> 10- Garage Sales  12:15- Tai Chi	<b>25</b> 11- Memorial Day Picnic and Games
<b>28</b> 	<b>29</b> 10:30- Bunco  All day- Blood Pressures	<b>30</b> <b>Noon- Walk the Parks (Blue Creek)</b>	<b>31</b> 12:15- In House Movie	<b>Senior Centers Inc</b> <b>2308 Jefferson</b> <b>Toledo, Oh 43604</b>

Some activities are subject to change depending on participation. When an activity is highlighted on this calendar, please look on the back page to find out additional information about that activity. If you have any questions, please talk to Tammy in the activities office. Visit our website: [seniorcentersinc.org](http://seniorcentersinc.org).