

Nutrition Menu July 2019



Mon	Tue	Wed	Thu	Fri
<p>1 A- Garlic Chicken B- Beef Patty Sweet Potatoes Broccoli Bread Fresh Fruit</p>	<p>2 A- Hamburger B- Pork Rib patty Baked beans Coleslaw Bun Peaches</p>	<p>3 A- Sausage B- Chicken Onions/Peppers Potatoes Mixed beans Bun</p>	<p>4 CLOSED For Holiday</p>	<p>5 CLOSED For Holiday</p>
<p>8 A- Pepper beef steak B- Pineapple Chicken Country potatoes Green peas Bread Fresh fruit</p>	<p>9 A- Chicken w/Dill Sauce B- Creole Steak Rice Florentine Sliced carrots Wheat bread Pears</p>	<p>10 A- Beef Spaghetti B- Vegetable Lasagna Green beans Zucchini/Tomatoes Texas toast Fresh fruit</p>	<p>11 A- Turkey breast B- Salisbury beef Whipped Potatoes Succotash Wheat roll Glazed fruit</p>	<p>12 A- Asian meatballs B- Chicken breast Teriyaki sauce Fried rice Vegetable blend Wheat roll Mandarin oranges</p>
<p>15 A- Cranberry Dijon Chicken B- Meatballs Brown rice Spinach Wheat roll Applesauce</p>	<p>16 A- Taco Beef B- Taco chicken Cheese/lettuce/tomato Mexican corn Mixed beans Flour tortilla Fresh Fruit</p>	<p>17 A- Mac & Cheese B- Beef Macaroni Country tomatoes Broccoli Breadstick Fresh fruit</p>	<p>18 A- Chef Salad w/Ham B- Chef Salad w/Turkey Pasta Salad Corn/Black Bean Salad Bread Mandarin Oranges</p>	<p>19 A- Swiss Steak B- Baked Chicken Gravy Cheesy potatoes Tuscany Vegetables Wheat bread Mixed fruit</p>
<p>22 A- BBQ Pork Patty B- BBQ Chicken Tiny Whole Potatoes Creole Cabbage Hamburger bun Fresh Fruit</p>	<p>23 A- Swedish meatballs B- Parmesan Chicken Garlic Rotini Green Beans Carrots Multi grain bread Peaches</p>	<p>24 A- Chicken Marsala B- Beef Italiano Rosemary potatoes Broccoli Wheat bread Pineapple tidbits</p>	<p>25 A- Beef Taco Pie B- Chilaquiles Casserole Mexican Rice/Beans Tossed Salad Tortilla Hot apples</p>	<p>26 A- Veal Parmesan B- Turkey Divan Red Pepper Penne Italian Vegetable Garlic breadstick Fresh fruit</p>
<p>29 A- Paprika Chicken B- Meatballs/gravy Rice Garden Vegetables Wheat roll Fresh fruit</p>	<p>30 A- Turkey Ham Macaroni & Cheese B- Macaroni & Cheese Green Peas Sliced carrots Bread Fresh Fruit</p>	<p>31 A- Chicken Rice Cass B- Ham/White Beans Green beans Cabbage Cornbread Mandarin Oranges</p>	<p>Write your choice of menu option <u>A or B</u> on sign up sheet</p>	<p>Call <u>419-242-9511</u> 24 hrs. in advance to make a reservation</p>