

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Senior Centers Inc. CLOSED for holiday</p>	<p>4</p> <p>CLOSED FOR 4th of JULY HOLIDAY</p>	<p>5</p> <p>A: Breaded Chicken Patty B: Beef Patty with Mushroom gravy Country Potatoes Carrots Wheat Bread Fresh Fruit</p>	<p>6</p> <p>A: Pork Rib B: Vegetarian Chili Red Potatoes Zucchini and Tomatoes Wheat Roll Fresh Fruit</p>	<p>7</p> <p>A: Asian Meatballs B: Teriyaki Chicken Breas Fried Rice Japanese Vegetables Wheat Roll Mandarin Oranges</p>
<p>10</p> <p>A: Beef Patty with Pepper Gravy B: Pineapple Chicken Brst Country Whipped Potato Herbed Green Peas Wheat Bread Fresh Fruit</p>	<p>11</p> <p>A: Baked Chicken Breast w/Dill Sauce B: Creole Beef Patty Rice Florentine Garden Vegetables Wheat Bread Chocolate Chip Cookie</p>	<p>12</p> <p>A: Beef Spaghetti Sauce B: Vegetable Lasagna Green Beans Texas Bread Apple Crisp Diet – Apple Slices</p>	<p>13</p> <p>A: Turkey Brst/Gravy B: Salisbury Steak/Gravy Whipped Potatoes Succotash Wheat Roll Glazed Fruit</p>	<p>14</p> <p>A: Chicken Salad B: Ham Salad Potato Salad Cucumber Tomato Salad Wheat Bread-2 slices Fresh Fruit</p>
<p>17</p> <p>A: Cran Dijon Chicken Brst B: Meatballs with Gravy Mashed Spiced Yams Mustard Greens Wheat Roll Strawberry Swirl Pudding Diet - Pudding</p>	<p>18</p> <p>A: Taco Meat B: Taco Chicken Mixed Beans Mexican Corn Lettuce/Tom/Cheese Flour Shell/Sour Cream/Taco Sauce Fresh Fruit</p>	<p>19</p> <p>A: Macaroni & Cheese B: Fiesta Beef Mac & Cheese Country Tomatoes Broccoli Breadstick Fresh Fruit</p>	<p>20</p> <p>A: Chef Salad with Ham B: Chef Salad with Turkey Macaroni Salad Carrot Raisin Salad Wheat bread Mandarin Oranges Italian Salad Dressing</p>	<p>21</p> <p>A: Swiss Steak B: Chicken Brst in Gravy Cheesy Potatoes Whole Kernel Corn Tuscany Vegetable Blend Oatmeal Cookie Diet-Cookie</p>
<p>24</p> <p>A: BBQ Rib Patty B: BBQ Chicken Tiny Whole Potatoes Creole Cabbage Hamburger Bun Fresh Fruit</p>	<p>25</p> <p>A: Swedish Meatballs B: Parmesan Chicken Garlic Rotini Rosemary Carrots Wheat Bread Hot Spiced Peaches</p>	<p>26</p> <p>A: Chicken Marsala B: Italiano Beef Patty Rosemary Potatoes Broccoli Wheat Bread Chocolate Chip Cookie Diet-Cookie</p>	<p>27</p> <p>A: Beef Taco Pie B: Chilaquiles Casserole Mexican Rice Apple Cherry Crisp Diet–Hot Sliced Apples Tossed Salad/dressing Flour Tortilla</p>	<p>28</p> <p>A: Veal Parmesan B: Turkey Divan Augratin Potatoes Italian Vegetables Garlic Breadstick Fresh Fruit Birthday Cake/Diet-Cake</p>
<p>31</p> <p>A: Creamy Paprika Chicken Brst B: Meatballs/Mushroom Gravy Garden Medley Rice Spinach Wheat Roll Oatmeal Cookie/ Diet-Cookie</p>			<p>Indicate your choice of entrée A or B on the sign up sheet</p>	<p>SITE MENU</p>