

CALENDAR DETAILS

Oct 2 to Nov 6 Diabetes Classes

This is a FREE six week course that will cover self-management of diabetes. All classes are taught by certified Diabetes Self-management Educators. You will receive a book as part of the course.

Oct 3 Craft- Butterfly Mobile

Tammy will show you how to make a lovely butterfly mobile to hang.

Oct 3 Speaker: Pharmacist

We will have a representative from Ryan Pharmacy speaking to us about pill packaging options.

Oct 4 NEW Amerisource

Alaina from Amerisource will be here today doing blood pressure and blood sugar checks. She will also be coming on the first Thursday of every month. Please take a few moments to have these extremely important checks made.

Oct 4 Speaker: Alzheimer's

Lyn Ritter will be here today to speak to us about Alzheimer's disease.

Oct 5 Salvation Army Store Trip \$1

Bring along a bit of cash and join us on a shopping trip to the Sylvania Salvation Army Store.

Oct 9 Speaker: Eye Center

Stacy from Toledo Eye Center will be here to speak with us today about eye health.

Oct 10 Cooking: Pumpkin Custard \$ 1

Today we will be making pumpkin custard. This delightful fall treat is just like a pie without the crust!

Oct 10 Speaker: Mercy Pain Clinic

Our guest today will be speaking on knee pain and replacement. There will be a sample of an artificial knee to see.

Oct 11 Painting

Join Sherri for painting on bottles. Water bottle, candle holder, vase....What shall you make?

Oct 12 Out to Lunch \$1+lunch

Today, we will have lunch at Silver Moon Soda & Grill in Perrysburg. They have delicious homemade milkshakes made in the silver containers.

Oct 15 & 29 Ceramics \$1.50/class

Alicia is returning for ceramics classes! Please note the day change to Mondays and that she'll be coming every other week.

Oct 17 Mercy Health Fair

Blood pressure & blood sugar checks as well as hearing and vision testing. There will also be exercising with music. Be sure to get in on a chance to win one of the door prizes! Please support Mercy College and their students by coming to the Health Fair. Mercy does a lot for us including plowing our parking lot in the winter.

Oct 19 Crafting with Carol

Carol has several types of paper pumpkins for you to make.

Oct 24 & 31 Speaker: Caresource

Angela Thompson will be holding a seminar in the morning followed by a question & answer session and individual appointments in the afternoon.

Oct 30 Visiting with TDN children

We will be taking the bags we made on the 25th to Toledo Day Nursery for the children.

Oct 31 Halloween Party \$2

All souls welcome to the Halloween Party! Join in on the spooky treats and devilishly fun games... if you dare!