

OCTOBER 2018 ADULT DAY SERVICES








Mon

Tue

Wed

Thu

Fri

<p>1 Exercise</p> 	<p>2 Lunch Outing @ R Diner \$20</p>	<p>3  Speaker- Pharmacy</p>	<p>4 BP  Speaker Dominoes</p>	<p>5 Free Expression Wii</p>
<p>8 Trip to Erie Orchard <u>Pack Lunch</u></p> 	<p>9 Play Memory Speaker - Eye Center</p>	<p>10 Nickels Mercy Speaker – Joint Pain</p>	<p>11 Paint w/ Sherri Tai Chi</p>	<p>12 Cooking Project</p>
<p>15 Exercise Surprise</p>	<p>16 <u>Book Talk Pack Lunch</u> Beach Volleyball</p>	<p>17 Health Fair Craft for Sweetest Day</p>	<p>18  Trip for Ice Cream</p> 	<p>19 Craft w/ Carol</p>
<p>22 Chair Exercise Bingo</p>	<p>23 Commodities In– house Movie</p> 	<p>24 Beach Volleyball Inspirational Support Group</p>  	<p>25 Walk  </p>	<p>26 Decorate a Pumpkin</p> 
<p>29 Bingo with Keith</p> 	<p>30 Trip to Movies <u>Pack Lunch</u></p>	<p>31 Halloween Party</p> 		