



JANUARY 2019

ACTIVITY CALENDAR

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Closed 	2 11- Burst Exercises	3 10:30 Stretch Exercises 12:30 Craft w/ Tammy Macrame Keychain	4 10:30 Cooking: Spaghetti 11- Burst Exercises
7 11- Burst Exercises 11:45 Speaker: Kinship Navigator	8 10:30 Beach Volleyball 11:30 Pizza Day 12:30 Bingo w/ Keith	9 11- Burst Exercises 12:30 Board Games	10 10:30 Stretch Exercises 11- Cocoa w/ Julie 12:15 Sing-along	11 11- Burst Exercises 11- Out to Lunch Doc Watson's
14 9:30 Mercy Nurses 10- Ceramics 11- Burst Exercises	15 9:30-11:30 Library Computer Class 11:45 Jay Gerken 12:15 Beach Volleyball	16 11- Burst Exercises 12:15 Haiku Poetry Writing	17 10:30 Craft w/ Carol: Paper Snowflakes 12:15 Stretch Exercises	18 9- FGP Mtg. 11- Burst Exercises
21 CLOSED 	22 9:30 Commodities & Health Screens 10:45 Beach Volleyball 12:15 Movie: King Man of Peace	23 11- Burst Exercises 12:30 Board Games	24 10:30 Paint w/ Sherri: Bottles 12:15 Stretch Exercises	25 11- Burst Exercises 10- Bowling- Southwyck
28 10:00 Ceramics 11 Burst Exercises	29 10:15 Trip to Art Museum 12:15 Beach Volleyball	30 10:30 Therapy Dogs 11- Burst Exercises 12:30 Cooking Soup Making	31 10:30 Winter Games ◇ relays ◇ games ◇ soup	