

# Nutrition Menu - September 2019

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>LABOR DAY</p> <p>CLOSED</p>	<p>3</p> <p>A – Chicken Cordon Bleu</p> <p>B – Macaroni &amp; Cheese</p> <p>Carrots, Peas</p> <p>Rolls</p> <p>Fresh Banana</p> <p><b>Rice Krispie Treat</b></p>	<p>4</p> <p>A – Meatloaf</p> <p>B – Chicken Lasagna</p> <p>Cheese Potato</p> <p>California Blend Veg</p> <p>Rolls</p> <p>Fruited Jello</p>	<p>5</p> <p>A – Spaghetti &amp; Meatballs</p> <p>B – Sweet &amp; Sour Chicken</p> <p>Italian Green Beans</p> <p>Carrots</p> <p>Rolls</p> <p>Pineapple Mango</p> <p><b>Angel Food Cake</b></p>	<p>6</p> <p>A – Baked Pork w/ Onions &amp; Gravy</p> <p>B – Hamburger Steak w/ Onions &amp; Gravy</p> <p>Mashed Potatoes</p> <p>Cabbage</p> <p>Rolls</p> <p>Apricots</p>
<p>9</p> <p>A – Veal &amp; Gravy</p> <p>B – Vegetable Lasagna</p> <p>Scandinavian Blend</p> <p>Yellow Squash</p> <p>Rolls</p> <p>Fresh Fruit</p>	<p>10</p> <p>A – Zesty Pot Roast w/ Rice</p> <p>B – Garden Chicken w/ Rice</p> <p>California Blend</p> <p>Corn</p> <p>Rolls</p> <p>Banana</p> <p><b>Pudding</b></p>	<p>11</p> <p>A – Meatloaf</p> <p>B – Macaroni &amp; Cheese</p> <p>Peas</p> <p>Malibu Blend</p> <p>Rolls</p> <p>Spiced Peaches</p>	<p>12</p> <p>A – Sloppy Joe Sandwich</p> <p>B – Turkey Burger w/ L &amp; T</p> <p>Baked Beans</p> <p>Confetti Slaw</p> <p>Wheat Buns</p> <p>Mandarin Oranges</p> <p><b>Cookie</b></p>	<p>13</p> <p>A – Salisbury Steak</p> <p>B – Teriyaki Meatballs Over Rice</p> <p>Snap Peas</p> <p>Oriental Blend Veg</p> <p>Rolls</p> <p>Fruited Jello</p>
<p>16</p> <p>A – Pork Burger Supreme</p> <p>B – Baked Garden Chicken</p> <p>Baked Potato w/ Sour Cream</p> <p>Peas &amp; Carrots</p> <p>Rolls</p> <p>Fresh Fruit</p>	<p>17</p> <p>A – Bourbon Pot Roast</p> <p>B – Turkey Pot Roast</p> <p>Cornbread Stuffing</p> <p>Carrots</p> <p>Rolls</p> <p><b>Hawaiian Delight</b></p>	<p>18</p> <p>A – Italian Burger</p> <p>B – Chicken Parmesan</p> <p>Italian Green Beans</p> <p>Corn</p> <p>Rolls</p> <p>Pineapple Tidbits</p>	<p>19</p> <p>A – Mac &amp; Beef Cass</p> <p>B – Buffalo Chicken Sandwich</p> <p>Capri Blend Veg</p> <p>Peas</p> <p>Rolls</p> <p>Tropical Fruit</p> <p><b>Peach Cobbler Cake</b></p>	<p>20</p> <p>A – Pork Chop w/ Gravy</p> <p>B – Turkey Meatballs w/ Gravy</p> <p>Cheese Potatoes</p> <p>Carrots</p> <p>Rolls</p> <p>Pineapple Mango</p>
<p>23</p> <p>A – Beef Cutlet w/ Gravy</p> <p>B – Italian Macaroni &amp; Cheese</p> <p>Mashed Potatoes</p> <p>California Blend</p> <p>Rolls</p> <p>Sliced Pears</p>	<p>24</p> <p>A – Swedish Meatballs</p> <p>B – Chicken w/ Gravy</p> <p>Noodles</p> <p>Bean Medley</p> <p>Rolls</p> <p>Banana</p> <p><b>Cookie</b></p>	<p>25</p> <p>A – Glazed Chicken</p> <p>B – Salisbury Steak</p> <p>Italian Pasta Veg Blend</p> <p>Zucchini</p> <p>Rolls</p> <p>Fruited Jello</p>	<p>26</p> <p>A – Chicken Noodle Casserole</p> <p>B – Baked Pork Chop</p> <p>Winter Blend Veg</p> <p>Carrots</p> <p>Roll</p> <p><b>Apple Crisp</b></p>	<p>27</p> <p>A – Swiss Steak</p> <p>B – Herb Chicken</p> <p>Mashed Potato</p> <p>Scandinavian Blend</p> <p>Rolls</p> <p>Fruit Cocktail</p>
<p>30</p> <p>A – BBQ Chicken</p> <p>B – Hamburger</p> <p>Roasted Red Potatoes</p> <p>Coleslaw</p> <p>Baked Apples</p> <p>Buns</p>		<p>Write your choice of menu option <b><u>A or B</u></b> on the sign-up sheet</p>	<p>Call <b><u>419-242-9511</u></b> 24 hours in advance to make a reservation</p>	