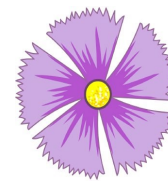


# Nutrition Menu May 2019



Mon	Tue	Wed	Thu	Fri
<p><b>Write your choice of menu option <u>A or B</u> on sign up sheet</b></p>	<p><b>Call <u>419-242-9511</u> 24 hrs. in advance to make a reservation</b></p>	<p><b>1</b> A- Chicken Parmesan B- Beef Italiano Rotini &amp; Tomatoes Broccoli Wheat Bread Peanut Butter Cookie</p>	<p><b>2</b> A- Turkey Breast B- Swiss Steak Country Potatoes Yellow Squash Wheat Roll Strawberry Fluff</p>	<p><b>3</b> A- Lemon Pepper Chicken B-Teriyaki Meatballs Parslied Potatoes Brussels Sprouts Wheat Bread Fresh Fruit</p>
<p><b>6</b> A- Meatballs /Gravy B- Mushroom Chicken Garlic Rotini Whole Kernel Corn Summer Vegetables Wheat Roll Pears</p>	<p><b>7</b> A- Taco Meat B- Taco Chicken Cheese/Lettuce/Tomato Mexican Rice Refried Beans Flour Tortilla Fresh Fruit</p>	<p><b>8</b> A- Ham White Beans B-Veggie Bean Stew Okra &amp; Tomatoes Sliced Carrots Dinner Roll Cranapple Crisp</p>	<p><b>9</b> A- Turkey Ham B- Pepper Beef Steak Parslied Potatoes Broccoli with Cheese Wheat Bread Lemon Pudding</p>	<p><b>10</b> A- Garlic Chicken B- Roast Beef w/Gravy Tiny Whole Potatoes Green Beans Multi Grain Bread Cranberry Juice Pineapple Cake</p>
<p><b>13</b> A- Salisbury Beef B-Honey Mustard Chicken Buttermilk Potatoes Green Beans Wheat Bread Fresh Fruit</p>	<p><b>14</b> A- Ham Macaroni B- Savory Beef Patty Spinach Zucchini and Tomatoes Breadstick Fruit Cocktail</p>	<p><b>15</b> A- Paprika Chicken B-Turkey Breast Macaroni &amp; Cheese Italian Vegetables Multi Grain Bread Fruited Gelatin</p>	<p><b>16</b> A-Glazed Ham B-Chicken Breast Succotash Glazed Carrots Cornbread Fresh Fruit</p>	<p><b>17</b> A-Lasagna Casserole B- Spinach Lasagna Green Peas Mixed Green Salad Texas Bread Apple Crisp</p>
<p><b>20</b> A- Sausage B- Pulled Chicken Peppers &amp; Onions Sauerkraut Spring Vegetables Hot Dog Bun Fresh Fruit</p>	<p style="text-align: center;"><b>21</b> <b>Closed</b> <b>for Senior Day</b> <b>at the</b> <b>Tam 'O Shanter</b> <b>Sylvania, Ohio</b></p>	<p><b>22</b> A- Creole Chicken B-Roast Beef &amp; Gravy Whipped Potatoes Glazed Carrots Wheat Bread Fresh Fruit</p>	<p><b>23</b> A- Broccoli Ham Strata B-Chicken Noodle Casserole Roasted Potatoes Biscuit Apple Raisin Compote</p>	<p><b>24</b> A- Italian Sausage B- Pulled Chicken Peppers &amp; Onions Succotash Roasted Potatoes Hot Dog Bun Fresh Fruit</p>
<p><b>27</b> <b>CLOSED</b> <b>Memorial Day</b> <b>Holiday</b></p>	<p><b>28</b> A- Hamburger Patty B- BBQ Chicken Crispy Cubed Potatoes Succotash Hamburger Bun Fresh Fruit</p>	<p><b>29</b> A-Hamburger Stew B-Lemon Pepper Chicken Broccoli/Cauliflower Green Salad Multi Grain bread Apple Crisp</p>	<p><b>30</b> A-Pork Supreme B- Veal Marsala Whipped Potatoes Sliced Carrots Wheat Bread Strawberry Cake</p>	<p><b>31</b> A-Beef Stroganoff B-Macaroni &amp; Cheese Stewed Tomatoes Spinach Wheat Roll Fresh Fruit</p>